

**Prayer times for Heads Nook, Cumbria, UK**

**Mon 1 Jul 2024 - Wed 31 Jul 2024**

**High Latitude Method: Angle Based Rule**

**Prayer Calculation Method: Islamic Society of North America**

**Asar Calculation Method: Hanafi**

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| --- | --- | --- | --- | --- | --- | --- | --- |
| **Date** | **Day** | **Fajr** | **Sunrise** | **Dhuhr** | **Asr** | **Maghrib** | **Isha** |
| 1 | Mon | 2:57 | 4:38 | 1:15 | 6:59 | 9:52 | 11:33 |
| 2 | Tue | 2:57 | 4:39 | 1:15 | 6:59 | 9:51 | 11:33 |
| 3 | Wed | 2:58 | 4:40 | 1:16 | 6:59 | 9:51 | 11:33 |
| 4 | Thu | 2:58 | 4:41 | 1:16 | 6:59 | 9:50 | 11:33 |
| 5 | Fri | 2:59 | 4:42 | 1:16 | 6:59 | 9:50 | 11:33 |
| 6 | Sat | 2:59 | 4:43 | 1:16 | 6:58 | 9:49 | 11:32 |
| 7 | Sun | 3:00 | 4:44 | 1:16 | 6:58 | 9:48 | 11:32 |
| 8 | Mon | 3:01 | 4:45 | 1:16 | 6:58 | 9:47 | 11:32 |
| 9 | Tue | 3:01 | 4:46 | 1:16 | 6:57 | 9:46 | 11:31 |
| 10 | Wed | 3:02 | 4:47 | 1:17 | 6:57 | 9:45 | 11:31 |
| 11 | Thu | 3:03 | 4:49 | 1:17 | 6:56 | 9:44 | 11:30 |
| 12 | Fri | 3:03 | 4:50 | 1:17 | 6:56 | 9:43 | 11:30 |
| 13 | Sat | 3:04 | 4:51 | 1:17 | 6:55 | 9:42 | 11:29 |
| 14 | Sun | 3:05 | 4:53 | 1:17 | 6:55 | 9:41 | 11:29 |
| 15 | Mon | 3:05 | 4:54 | 1:17 | 6:54 | 9:40 | 11:28 |
| 16 | Tue | 3:06 | 4:55 | 1:17 | 6:54 | 9:39 | 11:28 |
| 17 | Wed | 3:07 | 4:57 | 1:17 | 6:53 | 9:37 | 11:27 |
| 18 | Thu | 3:08 | 4:58 | 1:17 | 6:52 | 9:36 | 11:26 |
| 19 | Fri | 3:08 | 5:00 | 1:18 | 6:52 | 9:34 | 11:26 |
| 20 | Sat | 3:09 | 5:01 | 1:18 | 6:51 | 9:33 | 11:25 |
| 21 | Sun | 3:10 | 5:03 | 1:18 | 6:50 | 9:31 | 11:24 |
| 22 | Mon | 3:11 | 5:05 | 1:18 | 6:49 | 9:30 | 11:24 |
| 23 | Tue | 3:12 | 5:06 | 1:18 | 6:48 | 9:28 | 11:23 |
| 24 | Wed | 3:13 | 5:08 | 1:18 | 6:47 | 9:27 | 11:22 |
| 25 | Thu | 3:13 | 5:09 | 1:18 | 6:47 | 9:25 | 11:21 |
| 26 | Fri | 3:14 | 5:11 | 1:18 | 6:46 | 9:23 | 11:20 |
| 27 | Sat | 3:15 | 5:13 | 1:18 | 6:45 | 9:22 | 11:19 |
| 28 | Sun | 3:16 | 5:15 | 1:18 | 6:44 | 9:20 | 11:19 |
| 29 | Mon | 3:17 | 5:16 | 1:18 | 6:42 | 9:18 | 11:18 |
| 30 | Tue | 3:18 | 5:18 | 1:18 | 6:41 | 9:16 | 11:17 |
| 31 | Wed | 3:18 | 5:20 | 1:18 | 6:40 | 9:14 | 11:16 |

**Prayer times provided by https://www.salahtimes.com**