

Ramadan times for Heads Nook, Cumbria, UK

Fri 28 Feb 2025 - Sun 30 Mar 2025

High Latitude Method: Angle Based Rule

Prayer Calculation Method: Islamic Society of North America

Asar Calculation Method: Hanafi



Date	Day	Suhur	Fajr	Sunrise	Dhuhr	Asr	Iftar	Maghrib	Isha
28	Fri	5:24	5:24	7:03	12:24	3:49	5:45	5:45	7:24
1	Sat	5:22	5:22	7:00	12:23	3:50	5:47	5:47	7:26
2	Sun	5:19	5:19	6:58	12:23	3:52	5:49	5:49	7:28
3	Mon	5:17	5:17	6:56	12:23	3:54	5:51	5:51	7:30
4	Tue	5:14	5:14	6:53	12:23	3:56	5:53	5:53	7:32
5	Wed	5:12	5:12	6:51	12:23	3:57	5:55	5:55	7:34
6	Thu	5:09	5:09	6:48	12:22	3:59	5:57	5:57	7:37
7	Fri	5:07	5:07	6:46	12:22	4:01	5:59	5:59	7:39
8	Sat	5:04	5:04	6:43	12:22	4:03	6:01	6:01	7:41
9	Sun	5:02	5:02	6:41	12:22	4:04	6:03	6:03	7:43
10	Mon	4:59	4:59	6:38	12:21	4:06	6:05	6:05	7:45
11	Tue	4:57	4:57	6:36	12:21	4:08	6:07	6:07	7:47
12	Wed	4:54	4:54	6:33	12:21	4:09	6:09	6:09	7:49
13	Thu	4:51	4:51	6:31	12:21	4:11	6:11	6:11	7:51
14	Fri	4:49	4:49	6:28	12:20	4:13	6:13	6:13	7:53
15	Sat	4:46	4:46	6:26	12:20	4:14	6:15	6:15	7:55
16	Sun	4:43	4:43	6:23	12:20	4:16	6:17	6:17	7:58
17	Mon	4:40	4:40	6:21	12:19	4:17	6:19	6:19	8:00
18	Tue	4:38	4:38	6:18	12:19	4:19	6:21	6:21	8:02
19	Wed	4:35	4:35	6:16	12:19	4:21	6:23	6:23	8:04
20	Thu	4:32	4:32	6:13	12:19	4:22	6:25	6:25	8:06
21	Fri	4:29	4:29	6:11	12:18	4:24	6:27	6:27	8:09
22	Sat	4:26	4:26	6:08	12:18	4:25	6:29	6:29	8:11
23	Sun	4:24	4:24	6:05	12:18	4:27	6:31	6:31	8:13
24	Mon	4:21	4:21	6:03	12:17	4:28	6:33	6:33	8:15
25	Tue	4:18	4:18	6:00	12:17	4:30	6:35	6:35	8:18
26	Wed	4:15	4:15	5:58	12:17	4:31	6:37	6:37	8:20
27	Thu	4:12	4:12	5:55	12:16	4:33	6:39	6:39	8:22
28	Fri	4:09	4:09	5:53	12:16	4:34	6:41	6:41	8:25
29	Sat	4:06	4:06	5:50	12:16	4:36	6:43	6:43	8:27
30	Sun	5:03	5:03	6:48	1:16	5:37	7:45	7:45	9:29