

Ramadan times for Helford, Cornwall, UK

Fri 28 Feb 2025 - Sun 30 Mar 2025

High Latitude Method: Angle Based Rule

Prayer Calculation Method: Islamic Society of North America

Asar Calculation Method: Hanafi



| Date | Day | Suhur | Fajr | Sunrise | Dhuhr | Asr  | Iftar | Maghrib | Isha |
|------|-----|-------|------|---------|-------|------|-------|---------|------|
| 28   | Fri | 5:37  | 5:37 | 7:06    | 12:33 | 4:10 | 6:01  | 6:01    | 7:30 |
| 1    | Sat | 5:35  | 5:35 | 7:04    | 12:33 | 4:11 | 6:03  | 6:03    | 7:32 |
| 2    | Sun | 5:33  | 5:33 | 7:02    | 12:33 | 4:13 | 6:05  | 6:05    | 7:33 |
| 3    | Mon | 5:31  | 5:31 | 6:59    | 12:32 | 4:14 | 6:06  | 6:06    | 7:35 |
| 4    | Tue | 5:29  | 5:29 | 6:57    | 12:32 | 4:16 | 6:08  | 6:08    | 7:37 |
| 5    | Wed | 5:27  | 5:27 | 6:55    | 12:32 | 4:17 | 6:10  | 6:10    | 7:38 |
| 6    | Thu | 5:25  | 5:25 | 6:53    | 12:32 | 4:19 | 6:11  | 6:11    | 7:40 |
| 7    | Fri | 5:23  | 5:23 | 6:51    | 12:31 | 4:20 | 6:13  | 6:13    | 7:41 |
| 8    | Sat | 5:20  | 5:20 | 6:49    | 12:31 | 4:21 | 6:14  | 6:14    | 7:43 |
| 9    | Sun | 5:18  | 5:18 | 6:47    | 12:31 | 4:23 | 6:16  | 6:16    | 7:45 |
| 10   | Mon | 5:16  | 5:16 | 6:45    | 12:31 | 4:24 | 6:18  | 6:18    | 7:47 |
| 11   | Tue | 5:14  | 5:14 | 6:43    | 12:30 | 4:25 | 6:19  | 6:19    | 7:48 |
| 12   | Wed | 5:12  | 5:12 | 6:40    | 12:30 | 4:27 | 6:21  | 6:21    | 7:50 |
| 13   | Thu | 5:09  | 5:09 | 6:38    | 12:30 | 4:28 | 6:23  | 6:23    | 7:52 |
| 14   | Fri | 5:07  | 5:07 | 6:36    | 12:30 | 4:29 | 6:24  | 6:24    | 7:53 |
| 15   | Sat | 5:05  | 5:05 | 6:34    | 12:29 | 4:31 | 6:26  | 6:26    | 7:55 |
| 16   | Sun | 5:02  | 5:02 | 6:32    | 12:29 | 4:32 | 6:27  | 6:27    | 7:57 |
| 17   | Mon | 5:00  | 5:00 | 6:30    | 12:29 | 4:33 | 6:29  | 6:29    | 7:59 |
| 18   | Tue | 4:58  | 4:58 | 6:27    | 12:29 | 4:35 | 6:31  | 6:31    | 8:00 |
| 19   | Wed | 4:56  | 4:56 | 6:25    | 12:28 | 4:36 | 6:32  | 6:32    | 8:02 |
| 20   | Thu | 4:53  | 4:53 | 6:23    | 12:28 | 4:37 | 6:34  | 6:34    | 8:04 |
| 21   | Fri | 4:51  | 4:51 | 6:21    | 12:28 | 4:38 | 6:35  | 6:35    | 8:06 |
| 22   | Sat | 4:48  | 4:48 | 6:19    | 12:27 | 4:40 | 6:37  | 6:37    | 8:07 |
| 23   | Sun | 4:46  | 4:46 | 6:16    | 12:27 | 4:41 | 6:39  | 6:39    | 8:09 |
| 24   | Mon | 4:44  | 4:44 | 6:14    | 12:27 | 4:42 | 6:40  | 6:40    | 8:11 |
| 25   | Tue | 4:41  | 4:41 | 6:12    | 12:26 | 4:43 | 6:42  | 6:42    | 8:13 |
| 26   | Wed | 4:39  | 4:39 | 6:10    | 12:26 | 4:45 | 6:43  | 6:43    | 8:15 |
| 27   | Thu | 4:36  | 4:36 | 6:08    | 12:26 | 4:46 | 6:45  | 6:45    | 8:16 |
| 28   | Fri | 4:34  | 4:34 | 6:06    | 12:26 | 4:47 | 6:46  | 6:46    | 8:18 |
| 29   | Sat | 4:31  | 4:31 | 6:03    | 12:25 | 4:48 | 6:48  | 6:48    | 8:20 |
| 30   | Sun | 5:29  | 5:29 | 7:01    | 1:25  | 5:49 | 7:50  | 7:50    | 9:22 |