

Ramadan times for Helhoughton, Norfolk, UK

Fri 28 Feb 2025 - Sun 30 Mar 2025

High Latitude Method: Angle Based Rule

Prayer Calculation Method: Islamic Society of North America

Asar Calculation Method: Hanafi



Date	Day	Suhur	Fajr	Sunrise	Dhuhr	Asr	Iftar	Maghrib	Isha
28	Fri	5:12	5:12	6:46	12:09	3:40	5:34	5:34	7:08
1	Sat	5:09	5:09	6:43	12:09	3:42	5:36	5:36	7:10
2	Sun	5:07	5:07	6:41	12:09	3:43	5:38	5:38	7:12
3	Mon	5:05	5:05	6:39	12:09	3:45	5:40	5:40	7:14
4	Tue	5:03	5:03	6:37	12:09	3:46	5:42	5:42	7:16
5	Wed	5:00	5:00	6:34	12:08	3:48	5:43	5:43	7:18
6	Thu	4:58	4:58	6:32	12:08	3:50	5:45	5:45	7:19
7	Fri	4:56	4:56	6:30	12:08	3:51	5:47	5:47	7:21
8	Sat	4:53	4:53	6:27	12:08	3:53	5:49	5:49	7:23
9	Sun	4:51	4:51	6:25	12:07	3:54	5:51	5:51	7:25
10	Mon	4:48	4:48	6:23	12:07	3:56	5:53	5:53	7:27
11	Tue	4:46	4:46	6:20	12:07	3:57	5:54	5:54	7:29
12	Wed	4:44	4:44	6:18	12:07	3:59	5:56	5:56	7:31
13	Thu	4:41	4:41	6:16	12:06	4:00	5:58	5:58	7:33
14	Fri	4:39	4:39	6:13	12:06	4:02	6:00	6:00	7:35
15	Sat	4:36	4:36	6:11	12:06	4:03	6:02	6:02	7:37
16	Sun	4:34	4:34	6:09	12:05	4:05	6:03	6:03	7:39
17	Mon	4:31	4:31	6:06	12:05	4:06	6:05	6:05	7:41
18	Tue	4:29	4:29	6:04	12:05	4:08	6:07	6:07	7:43
19	Wed	4:26	4:26	6:02	12:05	4:09	6:09	6:09	7:45
20	Thu	4:23	4:23	5:59	12:04	4:11	6:11	6:11	7:47
21	Fri	4:21	4:21	5:57	12:04	4:12	6:12	6:12	7:49
22	Sat	4:18	4:18	5:54	12:04	4:13	6:14	6:14	7:51
23	Sun	4:16	4:16	5:52	12:03	4:15	6:16	6:16	7:53
24	Mon	4:13	4:13	5:50	12:03	4:16	6:18	6:18	7:55
25	Tue	4:10	4:10	5:47	12:03	4:18	6:19	6:19	7:57
26	Wed	4:08	4:08	5:45	12:03	4:19	6:21	6:21	7:59
27	Thu	4:05	4:05	5:42	12:02	4:20	6:23	6:23	8:01
28	Fri	4:02	4:02	5:40	12:02	4:22	6:25	6:25	8:03
29	Sat	3:59	3:59	5:38	12:02	4:23	6:27	6:27	8:05
30	Sun	4:57	4:57	6:35	1:01	5:24	7:28	7:28	9:07