

**Ramadan times for Abbess Roding, Essex, UK**

**Fri 28 Feb 2025 - Sun 30 Mar 2025**

**High Latitude Method: Angle Based Rule**

**Prayer Calculation Method: Islamic Society of North America**

**Asar Calculation Method: Hanafi**

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Date** | **Day** | **Fajr** | **Suhur** | **Sunrise** | **Dhuhr** | **Asr** | **Iftar** | **Maghrib** | **Isha** |
| 28 | Fri | 5:14 | 5:14 | 6:46 | 12:11 | 3:44 | 5:37 | 5:37 | 7:10 |
| 1 | Sat | 5:12 | 5:12 | 6:44 | 12:11 | 3:46 | 5:39 | 5:39 | 7:11 |
| 2 | Sun | 5:10 | 5:10 | 6:42 | 12:11 | 3:47 | 5:41 | 5:41 | 7:13 |
| 3 | Mon | 5:08 | 5:08 | 6:40 | 12:11 | 3:49 | 5:43 | 5:43 | 7:15 |
| 4 | Tue | 5:06 | 5:06 | 6:38 | 12:11 | 3:51 | 5:45 | 5:45 | 7:17 |
| 5 | Wed | 5:03 | 5:03 | 6:35 | 12:10 | 3:52 | 5:46 | 5:46 | 7:18 |
| 6 | Thu | 5:01 | 5:01 | 6:33 | 12:10 | 3:54 | 5:48 | 5:48 | 7:20 |
| 7 | Fri | 4:59 | 4:59 | 6:31 | 12:10 | 3:55 | 5:50 | 5:50 | 7:22 |
| 8 | Sat | 4:57 | 4:57 | 6:29 | 12:10 | 3:57 | 5:52 | 5:52 | 7:24 |
| 9 | Sun | 4:54 | 4:54 | 6:26 | 12:09 | 3:58 | 5:53 | 5:53 | 7:26 |
| 10 | Mon | 4:52 | 4:52 | 6:24 | 12:09 | 4:00 | 5:55 | 5:55 | 7:27 |
| 11 | Tue | 4:50 | 4:50 | 6:22 | 12:09 | 4:01 | 5:57 | 5:57 | 7:29 |
| 12 | Wed | 4:47 | 4:47 | 6:20 | 12:09 | 4:03 | 5:59 | 5:59 | 7:31 |
| 13 | Thu | 4:45 | 4:45 | 6:17 | 12:08 | 4:04 | 6:00 | 6:00 | 7:33 |
| 14 | Fri | 4:43 | 4:43 | 6:15 | 12:08 | 4:05 | 6:02 | 6:02 | 7:35 |
| 15 | Sat | 4:40 | 4:40 | 6:13 | 12:08 | 4:07 | 6:04 | 6:04 | 7:37 |
| 16 | Sun | 4:38 | 4:38 | 6:10 | 12:07 | 4:08 | 6:06 | 6:06 | 7:38 |
| 17 | Mon | 4:35 | 4:35 | 6:08 | 12:07 | 4:10 | 6:07 | 6:07 | 7:40 |
| 18 | Tue | 4:33 | 4:33 | 6:06 | 12:07 | 4:11 | 6:09 | 6:09 | 7:42 |
| 19 | Wed | 4:30 | 4:30 | 6:04 | 12:07 | 4:12 | 6:11 | 6:11 | 7:44 |
| 20 | Thu | 4:28 | 4:28 | 6:01 | 12:06 | 4:14 | 6:12 | 6:12 | 7:46 |
| 21 | Fri | 4:25 | 4:25 | 5:59 | 12:06 | 4:15 | 6:14 | 6:14 | 7:48 |
| 22 | Sat | 4:23 | 4:23 | 5:57 | 12:06 | 4:16 | 6:16 | 6:16 | 7:50 |
| 23 | Sun | 4:20 | 4:20 | 5:54 | 12:05 | 4:18 | 6:18 | 6:18 | 7:52 |
| 24 | Mon | 4:18 | 4:18 | 5:52 | 12:05 | 4:19 | 6:19 | 6:19 | 7:54 |
| 25 | Tue | 4:15 | 4:15 | 5:50 | 12:05 | 4:20 | 6:21 | 6:21 | 7:56 |
| 26 | Wed | 4:13 | 4:13 | 5:47 | 12:05 | 4:22 | 6:23 | 6:23 | 7:58 |
| 27 | Thu | 4:10 | 4:10 | 5:45 | 12:04 | 4:23 | 6:24 | 6:24 | 8:00 |
| 28 | Fri | 4:07 | 4:07 | 5:43 | 12:04 | 4:24 | 6:26 | 6:26 | 8:02 |
| 29 | Sat | 4:05 | 4:05 | 5:41 | 12:04 | 4:26 | 6:28 | 6:28 | 8:04 |
| 30 | Sun | 5:02 | 5:02 | 6:38 | 1:03 | 5:27 | 7:29 | 7:29 | 9:06 |

**Prayer times provided by https://www.salahtimes.com**