

**Ramadan times for Helena-West Helena, Arkansas, USA**

**Fri 28 Feb 2025 - Sun 30 Mar 2025**

**High Latitude Method: Angle Based Rule**

**Prayer Calculation Method: Islamic Society of North America**

**Asar Calculation Method: Shafi**

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Date** | **Day** | **Fajr** | **Suhur** | **Sunrise** | **Dhuhr** | **Asr** | **Iftar** | **Maghrib** | **Isha** |
| 28 | Fri | 5:23 | 5:23 | 6:32 | 12:15 | 3:29 | 5:58 | 5:58 | 7:07 |
| 1 | Sat | 5:22 | 5:22 | 6:31 | 12:15 | 3:30 | 5:59 | 5:59 | 7:08 |
| 2 | Sun | 5:21 | 5:21 | 6:30 | 12:14 | 3:30 | 6:00 | 6:00 | 7:09 |
| 3 | Mon | 5:20 | 5:20 | 6:28 | 12:14 | 3:31 | 6:00 | 6:00 | 7:09 |
| 4 | Tue | 5:18 | 5:18 | 6:27 | 12:14 | 3:31 | 6:01 | 6:01 | 7:10 |
| 5 | Wed | 5:17 | 5:17 | 6:26 | 12:14 | 3:32 | 6:02 | 6:02 | 7:11 |
| 6 | Thu | 5:16 | 5:16 | 6:25 | 12:13 | 3:32 | 6:03 | 6:03 | 7:12 |
| 7 | Fri | 5:14 | 5:14 | 6:23 | 12:13 | 3:32 | 6:04 | 6:04 | 7:13 |
| 8 | Sat | 5:13 | 5:13 | 6:22 | 12:13 | 3:33 | 6:05 | 6:05 | 7:14 |
| 9 | Sun | 6:12 | 6:12 | 7:21 | 1:13 | 4:33 | 7:05 | 7:05 | 8:14 |
| 10 | Mon | 6:10 | 6:10 | 7:19 | 1:12 | 4:34 | 7:06 | 7:06 | 8:15 |
| 11 | Tue | 6:09 | 6:09 | 7:18 | 1:12 | 4:34 | 7:07 | 7:07 | 8:16 |
| 12 | Wed | 6:08 | 6:08 | 7:17 | 1:12 | 4:34 | 7:08 | 7:08 | 8:17 |
| 13 | Thu | 6:06 | 6:06 | 7:15 | 1:12 | 4:35 | 7:09 | 7:09 | 8:18 |
| 14 | Fri | 6:05 | 6:05 | 7:14 | 1:11 | 4:35 | 7:10 | 7:10 | 8:19 |
| 15 | Sat | 6:04 | 6:04 | 7:12 | 1:11 | 4:36 | 7:10 | 7:10 | 8:19 |
| 16 | Sun | 6:02 | 6:02 | 7:11 | 1:11 | 4:36 | 7:11 | 7:11 | 8:20 |
| 17 | Mon | 6:01 | 6:01 | 7:10 | 1:11 | 4:36 | 7:12 | 7:12 | 8:21 |
| 18 | Tue | 5:59 | 5:59 | 7:08 | 1:10 | 4:36 | 7:13 | 7:13 | 8:22 |
| 19 | Wed | 5:58 | 5:58 | 7:07 | 1:10 | 4:37 | 7:14 | 7:14 | 8:23 |
| 20 | Thu | 5:56 | 5:56 | 7:06 | 1:10 | 4:37 | 7:14 | 7:14 | 8:24 |
| 21 | Fri | 5:55 | 5:55 | 7:04 | 1:09 | 4:37 | 7:15 | 7:15 | 8:24 |
| 22 | Sat | 5:54 | 5:54 | 7:03 | 1:09 | 4:38 | 7:16 | 7:16 | 8:25 |
| 23 | Sun | 5:52 | 5:52 | 7:01 | 1:09 | 4:38 | 7:17 | 7:17 | 8:26 |
| 24 | Mon | 5:51 | 5:51 | 7:00 | 1:08 | 4:38 | 7:17 | 7:17 | 8:27 |
| 25 | Tue | 5:49 | 5:49 | 6:59 | 1:08 | 4:38 | 7:18 | 7:18 | 8:28 |
| 26 | Wed | 5:48 | 5:48 | 6:57 | 1:08 | 4:39 | 7:19 | 7:19 | 8:29 |
| 27 | Thu | 5:46 | 5:46 | 6:56 | 1:08 | 4:39 | 7:20 | 7:20 | 8:30 |
| 28 | Fri | 5:45 | 5:45 | 6:54 | 1:07 | 4:39 | 7:21 | 7:21 | 8:30 |
| 29 | Sat | 5:43 | 5:43 | 6:53 | 1:07 | 4:39 | 7:21 | 7:21 | 8:31 |
| 30 | Sun | 5:42 | 5:42 | 6:52 | 1:07 | 4:39 | 7:22 | 7:22 | 8:32 |

**Prayer times provided by https://www.salahtimes.com**