

**Ramadan times for Polen, Iowa, USA**

**Fri 28 Feb 2025 - Sun 30 Mar 2025**

**High Latitude Method: Angle Based Rule**

**Prayer Calculation Method: Islamic Society of North America**

**Asar Calculation Method: Shafi**

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Date** | **Day** | **Fajr** | **Suhur** | **Sunrise** | **Dhuhr** | **Asr** | **Iftar** | **Maghrib** | **Isha** |
| 28 | Fri | 5:37 | 5:37 | 6:53 | 12:30 | 3:38 | 6:08 | 6:08 | 7:23 |
| 1 | Sat | 5:36 | 5:36 | 6:51 | 12:30 | 3:38 | 6:09 | 6:09 | 7:24 |
| 2 | Sun | 5:34 | 5:34 | 6:50 | 12:30 | 3:39 | 6:10 | 6:10 | 7:25 |
| 3 | Mon | 5:33 | 5:33 | 6:48 | 12:29 | 3:40 | 6:11 | 6:11 | 7:27 |
| 4 | Tue | 5:31 | 5:31 | 6:46 | 12:29 | 3:41 | 6:13 | 6:13 | 7:28 |
| 5 | Wed | 5:30 | 5:30 | 6:45 | 12:29 | 3:41 | 6:14 | 6:14 | 7:29 |
| 6 | Thu | 5:28 | 5:28 | 6:43 | 12:29 | 3:42 | 6:15 | 6:15 | 7:30 |
| 7 | Fri | 5:27 | 5:27 | 6:42 | 12:28 | 3:43 | 6:16 | 6:16 | 7:31 |
| 8 | Sat | 5:25 | 5:25 | 6:40 | 12:28 | 3:43 | 6:17 | 6:17 | 7:32 |
| 9 | Sun | 6:23 | 6:23 | 7:38 | 1:28 | 4:44 | 7:18 | 7:18 | 8:33 |
| 10 | Mon | 6:22 | 6:22 | 7:37 | 1:28 | 4:45 | 7:19 | 7:19 | 8:34 |
| 11 | Tue | 6:20 | 6:20 | 7:35 | 1:27 | 4:45 | 7:20 | 7:20 | 8:36 |
| 12 | Wed | 6:18 | 6:18 | 7:34 | 1:27 | 4:46 | 7:21 | 7:21 | 8:37 |
| 13 | Thu | 6:17 | 6:17 | 7:32 | 1:27 | 4:47 | 7:23 | 7:23 | 8:38 |
| 14 | Fri | 6:15 | 6:15 | 7:30 | 1:27 | 4:47 | 7:24 | 7:24 | 8:39 |
| 15 | Sat | 6:13 | 6:13 | 7:29 | 1:26 | 4:48 | 7:25 | 7:25 | 8:40 |
| 16 | Sun | 6:12 | 6:12 | 7:27 | 1:26 | 4:48 | 7:26 | 7:26 | 8:41 |
| 17 | Mon | 6:10 | 6:10 | 7:25 | 1:26 | 4:49 | 7:27 | 7:27 | 8:42 |
| 18 | Tue | 6:08 | 6:08 | 7:24 | 1:25 | 4:49 | 7:28 | 7:28 | 8:44 |
| 19 | Wed | 6:07 | 6:07 | 7:22 | 1:25 | 4:50 | 7:29 | 7:29 | 8:45 |
| 20 | Thu | 6:05 | 6:05 | 7:20 | 1:25 | 4:51 | 7:30 | 7:30 | 8:46 |
| 21 | Fri | 6:03 | 6:03 | 7:19 | 1:25 | 4:51 | 7:31 | 7:31 | 8:47 |
| 22 | Sat | 6:01 | 6:01 | 7:17 | 1:24 | 4:52 | 7:32 | 7:32 | 8:48 |
| 23 | Sun | 5:59 | 5:59 | 7:15 | 1:24 | 4:52 | 7:33 | 7:33 | 8:49 |
| 24 | Mon | 5:58 | 5:58 | 7:14 | 1:24 | 4:53 | 7:34 | 7:34 | 8:51 |
| 25 | Tue | 5:56 | 5:56 | 7:12 | 1:23 | 4:53 | 7:35 | 7:35 | 8:52 |
| 26 | Wed | 5:54 | 5:54 | 7:10 | 1:23 | 4:54 | 7:37 | 7:37 | 8:53 |
| 27 | Thu | 5:52 | 5:52 | 7:09 | 1:23 | 4:54 | 7:38 | 7:38 | 8:54 |
| 28 | Fri | 5:51 | 5:51 | 7:07 | 1:22 | 4:54 | 7:39 | 7:39 | 8:55 |
| 29 | Sat | 5:49 | 5:49 | 7:05 | 1:22 | 4:55 | 7:40 | 7:40 | 8:57 |
| 30 | Sun | 5:47 | 5:47 | 7:04 | 1:22 | 4:55 | 7:41 | 7:41 | 8:58 |

**Prayer times provided by https://www.salahtimes.com**