

**Ramadan times for El Progreso, Honduras**

**Mon 11 Mar 2024 - Wed 10 Apr 2024**

**High Latitude Method: None**

**Prayer Calculation Method: Muslim World League**

**Asar Calculation Method: Shafi**

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Date** | **Day** | **Fajr** | **Suhur** | **Sunrise** | **Dhuhr** | **Asr** | **Iftar** | **Maghrib** | **Isha** |
| 11 | Mon | 4:50 | 4:50 | 6:01 | 12:01 | 3:23 | 6:01 | 6:01 | 7:08 |
| 12 | Tue | 4:49 | 4:49 | 6:01 | 12:01 | 3:22 | 6:01 | 6:01 | 7:08 |
| 13 | Wed | 4:49 | 4:49 | 6:00 | 12:00 | 3:22 | 6:01 | 6:01 | 7:08 |
| 14 | Thu | 4:48 | 4:48 | 5:59 | 12:00 | 3:22 | 6:01 | 6:01 | 7:08 |
| 15 | Fri | 4:47 | 4:47 | 5:59 | 12:00 | 3:21 | 6:01 | 6:01 | 7:09 |
| 16 | Sat | 4:47 | 4:47 | 5:58 | 12:00 | 3:21 | 6:02 | 6:02 | 7:09 |
| 17 | Sun | 4:46 | 4:46 | 5:57 | 11:59 | 3:20 | 6:02 | 6:02 | 7:09 |
| 18 | Mon | 4:45 | 4:45 | 5:56 | 11:59 | 3:20 | 6:02 | 6:02 | 7:09 |
| 19 | Tue | 4:44 | 4:44 | 5:56 | 11:59 | 3:20 | 6:02 | 6:02 | 7:09 |
| 20 | Wed | 4:44 | 4:44 | 5:55 | 11:58 | 3:19 | 6:02 | 6:02 | 7:09 |
| 21 | Thu | 4:43 | 4:43 | 5:54 | 11:58 | 3:19 | 6:02 | 6:02 | 7:10 |
| 22 | Fri | 4:42 | 4:42 | 5:53 | 11:58 | 3:18 | 6:02 | 6:02 | 7:10 |
| 23 | Sat | 4:41 | 4:41 | 5:53 | 11:58 | 3:18 | 6:03 | 6:03 | 7:10 |
| 24 | Sun | 4:41 | 4:41 | 5:52 | 11:57 | 3:17 | 6:03 | 6:03 | 7:10 |
| 25 | Mon | 4:40 | 4:40 | 5:51 | 11:57 | 3:17 | 6:03 | 6:03 | 7:10 |
| 26 | Tue | 4:39 | 4:39 | 5:50 | 11:57 | 3:16 | 6:03 | 6:03 | 7:10 |
| 27 | Wed | 4:38 | 4:38 | 5:50 | 11:56 | 3:16 | 6:03 | 6:03 | 7:11 |
| 28 | Thu | 4:37 | 4:37 | 5:49 | 11:56 | 3:15 | 6:03 | 6:03 | 7:11 |
| 29 | Fri | 4:37 | 4:37 | 5:48 | 11:56 | 3:15 | 6:03 | 6:03 | 7:11 |
| 30 | Sat | 4:36 | 4:36 | 5:48 | 11:55 | 3:14 | 6:04 | 6:04 | 7:11 |
| 31 | Sun | 4:35 | 4:35 | 5:47 | 11:55 | 3:14 | 6:04 | 6:04 | 7:11 |
| 1 | Mon | 4:34 | 4:34 | 5:46 | 11:55 | 3:13 | 6:04 | 6:04 | 7:12 |
| 2 | Tue | 4:33 | 4:33 | 5:45 | 11:55 | 3:13 | 6:04 | 6:04 | 7:12 |
| 3 | Wed | 4:33 | 4:33 | 5:45 | 11:54 | 3:12 | 6:04 | 6:04 | 7:12 |
| 4 | Thu | 4:32 | 4:32 | 5:44 | 11:54 | 3:12 | 6:04 | 6:04 | 7:12 |
| 5 | Fri | 4:31 | 4:31 | 5:43 | 11:54 | 3:11 | 6:04 | 6:04 | 7:12 |
| 6 | Sat | 4:30 | 4:30 | 5:43 | 11:53 | 3:11 | 6:04 | 6:04 | 7:13 |
| 7 | Sun | 4:29 | 4:29 | 5:42 | 11:53 | 3:10 | 6:05 | 6:05 | 7:13 |
| 8 | Mon | 4:29 | 4:29 | 5:41 | 11:53 | 3:09 | 6:05 | 6:05 | 7:13 |
| 9 | Tue | 4:28 | 4:28 | 5:40 | 11:53 | 3:09 | 6:05 | 6:05 | 7:13 |
| 10 | Wed | 4:27 | 4:27 | 5:40 | 11:52 | 3:08 | 6:05 | 6:05 | 7:14 |

**Prayer times provided by https://www.salahtimes.com**