

**Ramadan times for Helenow, Poland**

**Mon 11 Mar 2024 - Wed 10 Apr 2024**

**High Latitude Method: Angle Based Rule**

**Prayer Calculation Method: Muslim World League**

**Asar Calculation Method: Hanafi**

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Date** | **Day** | **Fajr** | **Suhur** | **Sunrise** | **Dhuhr** | **Asr** | **Iftar** | **Maghrib** | **Isha** |
| 11 | Mon | 4:05 | 4:05 | 5:56 | 11:43 | 3:37 | 5:32 | 5:32 | 7:17 |
| 12 | Tue | 4:02 | 4:02 | 5:54 | 11:43 | 3:38 | 5:34 | 5:34 | 7:19 |
| 13 | Wed | 4:00 | 4:00 | 5:51 | 11:43 | 3:39 | 5:35 | 5:35 | 7:21 |
| 14 | Thu | 3:57 | 3:57 | 5:49 | 11:43 | 3:41 | 5:37 | 5:37 | 7:22 |
| 15 | Fri | 3:55 | 3:55 | 5:47 | 11:42 | 3:42 | 5:39 | 5:39 | 7:24 |
| 16 | Sat | 3:52 | 3:52 | 5:45 | 11:42 | 3:44 | 5:41 | 5:41 | 7:26 |
| 17 | Sun | 3:50 | 3:50 | 5:42 | 11:42 | 3:45 | 5:42 | 5:42 | 7:28 |
| 18 | Mon | 3:47 | 3:47 | 5:40 | 11:42 | 3:46 | 5:44 | 5:44 | 7:30 |
| 19 | Tue | 3:45 | 3:45 | 5:38 | 11:41 | 3:48 | 5:46 | 5:46 | 7:32 |
| 20 | Wed | 3:42 | 3:42 | 5:36 | 11:41 | 3:49 | 5:47 | 5:47 | 7:34 |
| 21 | Thu | 3:40 | 3:40 | 5:33 | 11:41 | 3:50 | 5:49 | 5:49 | 7:36 |
| 22 | Fri | 3:37 | 3:37 | 5:31 | 11:40 | 3:52 | 5:51 | 5:51 | 7:38 |
| 23 | Sat | 3:34 | 3:34 | 5:29 | 11:40 | 3:53 | 5:52 | 5:52 | 7:40 |
| 24 | Sun | 3:32 | 3:32 | 5:26 | 11:40 | 3:54 | 5:54 | 5:54 | 7:42 |
| 25 | Mon | 3:29 | 3:29 | 5:24 | 11:39 | 3:56 | 5:56 | 5:56 | 7:44 |
| 26 | Tue | 3:26 | 3:26 | 5:22 | 11:39 | 3:57 | 5:57 | 5:57 | 7:46 |
| 27 | Wed | 3:24 | 3:24 | 5:20 | 11:39 | 3:58 | 5:59 | 5:59 | 7:48 |
| 28 | Thu | 3:21 | 3:21 | 5:17 | 11:39 | 3:59 | 6:01 | 6:01 | 7:50 |
| 29 | Fri | 3:18 | 3:18 | 5:15 | 11:38 | 4:01 | 6:02 | 6:02 | 7:52 |
| 30 | Sat | 3:15 | 3:15 | 5:13 | 11:38 | 4:02 | 6:04 | 6:04 | 7:54 |
| 31 | Sun | 4:13 | 4:13 | 6:11 | 12:38 | 5:03 | 7:06 | 7:06 | 8:56 |
| 1 | Mon | 4:10 | 4:10 | 6:08 | 12:37 | 5:04 | 7:07 | 7:07 | 8:59 |
| 2 | Tue | 4:07 | 4:07 | 6:06 | 12:37 | 5:06 | 7:09 | 7:09 | 9:01 |
| 3 | Wed | 4:04 | 4:04 | 6:04 | 12:37 | 5:07 | 7:11 | 7:11 | 9:03 |
| 4 | Thu | 4:01 | 4:01 | 6:02 | 12:36 | 5:08 | 7:12 | 7:12 | 9:05 |
| 5 | Fri | 3:59 | 3:59 | 5:59 | 12:36 | 5:09 | 7:14 | 7:14 | 9:07 |
| 6 | Sat | 3:56 | 3:56 | 5:57 | 12:36 | 5:10 | 7:16 | 7:16 | 9:10 |
| 7 | Sun | 3:53 | 3:53 | 5:55 | 12:36 | 5:12 | 7:17 | 7:17 | 9:12 |
| 8 | Mon | 3:50 | 3:50 | 5:53 | 12:35 | 5:13 | 7:19 | 7:19 | 9:14 |
| 9 | Tue | 3:47 | 3:47 | 5:50 | 12:35 | 5:14 | 7:21 | 7:21 | 9:17 |
| 10 | Wed | 3:44 | 3:44 | 5:48 | 12:35 | 5:15 | 7:22 | 7:22 | 9:19 |

**Prayer times provided by https://www.salahtimes.com**