

**Ramadan times for Abbess Roding, Essex, UK**

**Mon 11 Mar 2024 - Wed 10 Apr 2024**

**High Latitude Method: Angle Based Rule**

**Prayer Calculation Method: Islamic Society of North America**

**Asar Calculation Method: Hanafi**

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Date** | **Day** | **Fajr** | **Suhur** | **Sunrise** | **Dhuhr** | **Asr** | **Iftar** | **Maghrib** | **Isha** |
| 11 | Mon | 4:49 | 4:49 | 6:21 | 12:09 | 4:01 | 5:57 | 5:57 | 7:30 |
| 12 | Tue | 4:47 | 4:47 | 6:19 | 12:09 | 4:03 | 5:59 | 5:59 | 7:31 |
| 13 | Wed | 4:44 | 4:44 | 6:17 | 12:08 | 4:04 | 6:01 | 6:01 | 7:33 |
| 14 | Thu | 4:42 | 4:42 | 6:14 | 12:08 | 4:06 | 6:03 | 6:03 | 7:35 |
| 15 | Fri | 4:40 | 4:40 | 6:12 | 12:08 | 4:07 | 6:04 | 6:04 | 7:37 |
| 16 | Sat | 4:37 | 4:37 | 6:10 | 12:07 | 4:09 | 6:06 | 6:06 | 7:39 |
| 17 | Sun | 4:35 | 4:35 | 6:08 | 12:07 | 4:10 | 6:08 | 6:08 | 7:41 |
| 18 | Mon | 4:32 | 4:32 | 6:05 | 12:07 | 4:11 | 6:09 | 6:09 | 7:43 |
| 19 | Tue | 4:30 | 4:30 | 6:03 | 12:07 | 4:13 | 6:11 | 6:11 | 7:45 |
| 20 | Wed | 4:27 | 4:27 | 6:01 | 12:06 | 4:14 | 6:13 | 6:13 | 7:46 |
| 21 | Thu | 4:25 | 4:25 | 5:58 | 12:06 | 4:15 | 6:15 | 6:15 | 7:48 |
| 22 | Fri | 4:22 | 4:22 | 5:56 | 12:06 | 4:17 | 6:16 | 6:16 | 7:50 |
| 23 | Sat | 4:20 | 4:20 | 5:54 | 12:05 | 4:18 | 6:18 | 6:18 | 7:52 |
| 24 | Sun | 4:17 | 4:17 | 5:51 | 12:05 | 4:19 | 6:20 | 6:20 | 7:54 |
| 25 | Mon | 4:15 | 4:15 | 5:49 | 12:05 | 4:21 | 6:21 | 6:21 | 7:56 |
| 26 | Tue | 4:12 | 4:12 | 5:47 | 12:04 | 4:22 | 6:23 | 6:23 | 7:58 |
| 27 | Wed | 4:09 | 4:09 | 5:45 | 12:04 | 4:23 | 6:25 | 6:25 | 8:00 |
| 28 | Thu | 4:07 | 4:07 | 5:42 | 12:04 | 4:25 | 6:26 | 6:26 | 8:02 |
| 29 | Fri | 4:04 | 4:04 | 5:40 | 12:04 | 4:26 | 6:28 | 6:28 | 8:04 |
| 30 | Sat | 4:01 | 4:01 | 5:38 | 12:03 | 4:27 | 6:30 | 6:30 | 8:06 |
| 31 | Sun | 4:59 | 4:59 | 6:35 | 1:03 | 5:28 | 7:32 | 7:32 | 9:08 |
| 1 | Mon | 4:56 | 4:56 | 6:33 | 1:03 | 5:30 | 7:33 | 7:33 | 9:11 |
| 2 | Tue | 4:53 | 4:53 | 6:31 | 1:02 | 5:31 | 7:35 | 7:35 | 9:13 |
| 3 | Wed | 4:51 | 4:51 | 6:29 | 1:02 | 5:32 | 7:37 | 7:37 | 9:15 |
| 4 | Thu | 4:48 | 4:48 | 6:26 | 1:02 | 5:33 | 7:38 | 7:38 | 9:17 |
| 5 | Fri | 4:45 | 4:45 | 6:24 | 1:01 | 5:35 | 7:40 | 7:40 | 9:19 |
| 6 | Sat | 4:43 | 4:43 | 6:22 | 1:01 | 5:36 | 7:42 | 7:42 | 9:21 |
| 7 | Sun | 4:40 | 4:40 | 6:19 | 1:01 | 5:37 | 7:43 | 7:43 | 9:23 |
| 8 | Mon | 4:37 | 4:37 | 6:17 | 1:01 | 5:38 | 7:45 | 7:45 | 9:26 |
| 9 | Tue | 4:34 | 4:34 | 6:15 | 1:00 | 5:39 | 7:47 | 7:47 | 9:28 |
| 10 | Wed | 4:32 | 4:32 | 6:13 | 1:00 | 5:41 | 7:48 | 7:48 | 9:30 |

**Prayer times provided by https://www.salahtimes.com**